

GREYHOUNDS ARE GOOD FOR YOU!



Retired racing greyhounds make excellent family pets with their gentle, friendly dispositions and calm demeanors, and adopting a greyhound can also have a very positive impact on your health.

Studies have shown that dog owners experience the following health benefits:

Reduced stress and anxiety levels

Lower blood pressure

More active lifestyle

Greater social interaction

Lower risk of depression

Stronger immune system

Feel great that you have saved a life!

More information and research findings on the benefits of human-animal interaction can be found on www.chai.vcu.edu

For an informal, no-obligation chat about greyhounds as pets, phone **087 693 2090**

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